# HEALTH, WELL-BEING & SAFETY 2030 STRATEGIC PLAN 2030

The HWS Strategic Plan at UC Riverside outlines a clear path to integrating health, well-being, and safety into the university's culture. With a vision to be a national leader in student wellness, the plan emphasizes empowering students to succeed both academically and personally while promoting inclusive, community-driven support systems.





### VISION

To be a model of excellence in higher education by providing students the best campus environment to thrive, enhance, sustain, and support their personal and collective well-being, subsequently supporting their growth and academic goals, and ultimately making a positive impact in communities throughout California, nationally, and globally.

#### MISSION

To raise awareness and provide students with an inclusive framework of services, resources, and programs that cultivate community and a holistic approach to the campus environment by enhancing access and student success through an integrated culture of wellness.

## HEALTH, WELL-BEING & SAFETY 2030

| Raise awareness and enhance<br>engagement of HWS programs and<br>services available to students                                                | Demonstrate impact of HWS programs/services on key student success indicators, including yield*, retention**, and graduation***                                           | Enhance student experience<br>by cultivating a culture<br>of wellness across campus                                                                    | Invest in and strengthen HWS infrastructure to support long-term growth, resilience, and sustainability             |
|------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| Collaborate with campus partners to integrate well-being programming into existing academic communities, student cohorts, learning communities | Identify and/or create tools to collect and share data for robust [measurable] campus-wide health goals across the entire division                                        | Prioritize Collective Impact strategies to<br>highlight the importance of health and<br>well-being across departments and<br>units beyond HWS          | Establish a plan designed to improve<br>the effective delivery of critical internal<br>organizational communication |
| Partner with Student Enrollment Services, Undergraduate Education, and Student Affairs to increase outreach efforts for incoming students      | Closely align with ongoing campus-<br>wide data collection efforts and foster<br>partnerships to assess the health status<br>of the campus community                      | Integrate the R'Healthy Campus initiative which uses common language, principles, and framework to promote health and well-being on campus             | Explore nationally recognized organizations to become appropriately accredited in respective HWS units              |
|                                                                                                                                                |                                                                                                                                                                           |                                                                                                                                                        | Apply for grant opportunities to increase funding and contribute to evidence-based/practice-based literature        |
| Develop a more coordinated approach of disseminating health information and the encouragement of help seeking behaviors                        | Expand infrastructure to publish in peer-reviewed journals and Op-eds related to campus/college well-being, and presenting at [respective] national conferences, annually | Create ongoing events, lectures, and interactive groups for students and HWS staff to connect and feel supported on their personal well-being journey. |                                                                                                                     |
|                                                                                                                                                |                                                                                                                                                                           |                                                                                                                                                        | Work with ITS on improving outdated technology systems across the division                                          |

<sup>\*</sup>Yield = Percentage of students admitted who were enrolled in the same major as they were admitted. (UCR Institutional Research)

<sup>\*\*</sup>Retention = Percentage of students who continue their enrollment from one fall to the next. (UCR Institutional Research)

<sup>\*\*\*</sup>Graduation = The act of completing all degree requirements and earning a degree. (UCR Registration Office)

# HEALTH, WELL-BEING & SAFETY 2030

| A. Raise awareness and enhance engagement of HWS programs and services available to students.  **ALIGNMENT WITH UCR STRATEGIC PLAN 2030**  ALIGNMENT WITH UCR STRATEGIC PLAN 2030**  **The state of the |                                                                                                                                                                                                                                                                                                    |  |  |
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| i. Collaborate with campus partners to integrate well-being programming into existing academic communities, student cohorts, learning communities and programs.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | GOAL II: Invest in the success of the people who teach, research, work, learn, and live at UCR  • Improve undergraduate student success and experience  GOAL III: Expand the visibility and scope of influence of UCR locally, nationally, and globally  • Achieve Additional National Recognition |  |  |
| ii. Partner with Student Enrollment Services, Undergraduate Education, and Student Affairs to increase outreach efforts for incoming students.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | GOAL II: Invest in the success of the people who teach, research, work, learn, and live at UCR  • Improve undergraduate student success and experience  GOAL III: Expand the visibility and scope of influence of UCR locally, nationally, and globally  • Achieve Additional National Recognition |  |  |
| iii. Develop a more coordinated approach of dissemination health information, and the encouragement of help seeking behaviors.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | GOAL II: Invest in the success of the people who teach, research, work, learn, and live at UCR  • Improve undergraduate student success and experience                                                                                                                                             |  |  |
| B. Demonstrate impact of HWS programs/services on key student success indicators, including yield*, retention**, and graduation***.  **ALIGNMENT WITH UCR STRATEGIC PLAN 2030**                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                    |  |  |
| i. Identify and/or create tools to collect and share data for robust<br>[measurable] campus-wide health goals across the entire division                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | • Improve Graduate Student Success and Pipelines                                                                                                                                                                                                                                                   |  |  |
| ii. Closely align with ongoing campus-wide data collection<br>efforts, and foster partnerships to assess the health<br>status of the campus community.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | GOAL II: Invest in the success of the people who teach, research, work, learn, and live at UCR  • Improve Undergraduate Student Success and Experience  • Improve Graduate Student Success and Pipelines                                                                                           |  |  |
| iii. Expand infrastructure to publish in peer-reviewed journals<br>and Op-eds related to campus/college well-being, and<br>presenting at [respective] national conferences, annually.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | • Achieve Additional National Recognition                                                                                                                                                                                                                                                          |  |  |



# HEALTH, WELL-BEING & SAFETY 2030

C. Enhance student experience by cultivating a culture of wellness across campus

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| i. Prioritize Collective Impact strategies to highlight the importance of health and well-being across departments and units beyond HWS.                                                          | • Achieve Additional National Recognition                                                                                                  |  |
| ii. Integrate the R'Healthy Campus which uses common language, principles, and framework to promote health and well-being on campus.                                                              | GOAL III: Expand the visibility and scope of influence of UCR locally, nationally, and globally  • Achieve Additional National Recognition |  |
| iii. Create ongoing events, lectures, and interactive groups for<br>students and HWS staff to connect and feel supported on<br>their personal well-being journey.                                 | • Address Staffing Levels, Staff Flexibility, and Professional Growth                                                                      |  |
| D. Invest in and strengthen HWS infrastructure to support long-term growth, resilience, and sustainability.  **ALIGNMENT WITH UCR STRATEGIC PLAN 2030**  ALIGNMENT WITH UCR STRATEGIC PLAN 2030** |                                                                                                                                            |  |
| i. Establish a plan designed to improve the effective delivery of critical internal organizational communication.                                                                                 | • Address Staffing Levels, Staff Flexibility, and Professional Growth                                                                      |  |
| ii. Explore nationally recognized organizations to become appropriately accredited in respective HWS units.                                                                                       | • Grow extramural research funding                                                                                                         |  |
| iii. Apply for grant opportunities to increase funding and contribute to evidence-based/practice-based literature.                                                                                | GOAL I: Build financial stability, resiliency, and sustainability  • Grow extramural research funding                                      |  |
|                                                                                                                                                                                                   | Grow extramatat research familing                                                                                                          |  |



ALIGNMENT WITH LICE STRATEGIC PLAN 2030